

March 6 & 7, 2017

9:00am – 4:00pm Central Time

Lunch will be catered in and a \$10.00 **cash** fee per person, per day will be collected at the door.

Location:

Schergens Center,

1140 31st Street,

Tell City IN

If you have any questions, please contact Katie Ranke

SOC Coordinator at
kranke@southernhills.org

or

(812) 482-3020

Workshop presented by the Strong Families, Strong Community Initiative and funded by the United Way of Perry County.

United Way
of Perry County



Juli Alvarado ~ Peace Consultant



“Affectionately known as ‘Jules’, her goal is to teach people how to be kind, gentle, understanding and patient. With a deep understanding of how stress diminishes compassion and concern she offers new ways for us to provide the safe, emotional connections for which we all long. At the intersection of ancient wisdom in healing and recent findings in neuroscience we find our way from Chaos to Calm.

Jules is an internationally recognized expert in the area of trauma, attachment, relationship and organizational success. She is the author of a recently published book, ‘The Quest for Peace in a Broken World’ that grew out of her 25 years working with companies and individual clients. Jules provides highly inspirational Key Notes for places of worship, corporations and leadership groups. As the president and Sr. Clinical Consultant of Alvarado Consulting and Treatment Group, she offers neuroscience based, and **trauma informed** consultation for state departments, judicial branches, agencies, and families internationally. Her dynamic and moving engagements bring an audience to tears and laughter time after time. Real–life and often humorous examples of recovery as a foster parent, mother of four, and president of a successful consulting and coaching practice has proved empowering to audiences as they gain specific strategies geared toward improved bottom lines and increased peace in their work settings, homes, and lives.”

Trauma Informed Care Workshop

March 6 & 7
2017



Presented by international expert:

Juli Alvarado, MA, LPC Colorado License
1707

Founder, Sr. Clinical Consultant

Alvarado Consulting and Treatment
Group





Day One: Trauma Informed Care: Mindfully Driven, Scientifically Based

Trauma Changes the Brain. Our work is in bringing new changes to the brain. The brain is the boss of behavior.

Change the Brain, change behavior.

Training Outline:

- The New Neuroscience
- Mind/body/spirit healing
- Brain based strategies for change
- Self-regulation leads to regulation of 'our' children
- Clinical and parenting applications

Objectives:

- ~Summarize how trauma impacts and can direct the treatment of negative behaviors
- ~Describe the influence of the brain on behaviors
- ~Integrate the mind/body/spirit in a trauma informed healing paradigm
- ~Utilize brain based strategies that activate internal healing systems
- ~Create an outline of the new paradigm that you will take back to your agency

Day Two: The Vital Edge of Leadership: At the Intersection of Emotional Intelligence and Emotional Regulation

Research shows that the measurable and learnable skills of emotional intelligence in leaders produce increased effectiveness, retention, organizational climate and bottom line.

Organizations change when their people change. A good leader knows how to help everyone feel that they make a tangible difference to the success of the organization.

Training Outline:

- The Problem, the Solution, the Science behind it
- "I'm not gonna change, YOU change!"
- What does Emotional Intelligence have to do with it?
- Brain-based strategies for change

Objectives:

- ~Describe the intersection of Emotional Intelligence and Emotional Regulation
- ~Define YOU as the leader of change
- ~Engage, activate, reflect, and plan your first steps toward change



CEU's Provided



The Social Worker, Marriage and Family Therapist and Mental Health Counselor Board has approved this organization to provide Category 1 Continuing Education for LSW, LCSW, LMFT, and LMHC. However, many topics are not appropriate for continuing education credit. Licenses must judge the program's relevance to their professional practice.

Who Should Attend

The training is open to anyone, but those that may find it particularly helpful:

- Law Enforcement-Probation Officers
- School Personnel
- Mental Health Professionals
- CASA Volunteers
- Foster Care Caregivers
- Faith-based Organizations
- Managers and Leaders

Contact Us to RSVP

Katie Ranke, SOC Coordinator at kranke@southernhills.org by February 10, 2017! Be sure to include which days you plan to attend along with any special dietary needs.

*Receipts will be provided for the lunch fee.